MANUSCRIPT SUBMISSION TEMPLATE

One-page editable format | Biomedical & pharmaceutical journals

Article type: *[Review / Original Research / Other]* **Running title:** *[Maximum 50 characters]*

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ABSTRACT AND KEYWORDS

Abstract (150–250 words): *[Brief background and objective; approach/scope; principal findings or evidence; conclusion and significance. Use an unstructured abstract unless the journal requires subheadings.]*

Keywords (3–6): *[Keyword 1]; [Keyword 2]; [Keyword 3]; [Keyword 4]; [Keyword 5]*
Abbreviations: *[ABC, expanded term]; [XYZ, expanded term]; [add others as needed]*

MAIN MANUSCRIPT

1. Introduction	*[Background, research gap, rationale, aims/objectives.]*
2. Main sections / findings	*[Review: numbered topic-based sections (2.1, 2.2, etc.). Original research: Materials and Methods, Results.]*
3. Discussion	*[Interpret important findings, compare evidence, acknowledge limitations.]*
4. Future Directions	*[Unresolved questions, applications, validation needs; if relevant.]*
5. Conclusion	*[Concise evidence-based take-home message.]*

TABLES AND FIGURES

Figure 1. *[Descriptive caption; cite figures sequentially in the text.]* **Table 1.** *[Clear table title; define abbreviations in footnotes.]*

REQUIRED DECLARATIONS

CRediT author contributions: *[Conceptualization, methodology, analysis, writing, review/editing by author.]*
Ethics / informed consent: *[Approval body, reference no. and consent details; or Not applicable with reason.]*
Competing interests: *[Declare relevant interests, or state "The authors declare no competing interests."]*
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Data availability: *[Repository/link or availability statement, when applicable.]*

REFERENCES

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